



ORDER of AHEPA  
**THERMOPYLAE Chapter 445**  
P.O. Box 446 Broomall, PA 19008  
[www.ahepa-445.org](http://www.ahepa-445.org)

12 October 2020

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Greetings Brothers,

I hope you are all doing well! Here are a few announcements:

We will be having our next meeting (October Meeting) on **Wednesday, October 21st, 2020 at 7:00pm at Saint Demetrios Greek Orthodox Church (Small Hall) at 229 Powell Lane, Upper Darby, PA 19082**. Dinner will be provided and covered by the chapter. This meeting will be an in-person, social distancing meeting so you will be required to wear a mask. If anyone has any questions about how the meeting will take place with these measures, please contact President Demetrios Krontiris (215-284-8082), Demetri Constantinidis (610-308-9962) or me by email. I hope to see you all at the meeting!

I would also like to share some information from our Brother, Basil Karayannis. His foundation, *Waves to Wellness*, will be hosting a monthly Family Support Group starting **October 14<sup>th</sup>** (and then Second Wednesday of every month) that is open support for family members and loved ones with individuals in recovery or living with a substance use disorder. This is a great initiative and support system being built and I highly recommend you all to spread the word. Flyer is attached and I also recommend visiting the website at [www.wavestowellness.org/familygroup](http://www.wavestowellness.org/familygroup).

It is time to pay your membership dues for 2020. Please pay your dues and remain in good standing as an active member. If you haven't paid, bring them to the next meeting with you. Annual dues are \$65.00. If you have any questions or concerns regarding membership status, please contact Demetri Constantinidis (610-308-9962) or me by email. Also, if you would like a hard copy of your membership ID card, please contact our Chapter President, Demetrios Krontiris (215-284-8082), and he will bring you the copy at our next meeting.

As a reminder, please visit our website ([www.ahepa-445.org](http://www.ahepa-445.org)) for all meeting reminders and event information. Flyers, track meet/ad book forms, and any other chapter documentation are all available on the site.

Sincerely,

**Vasilios Ikonomou**  
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**Demetrios Krontiris**  
Chapter President  
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